

### Classes & workshops /

#### Amenities for convenience & comfort

Everyone wants to live a happy, healthy life. In our dynamic society and as we grow older it is often a challenge to maintain an active and independent lifestyle. De Zorgboog encourages people to stay independent and fit for as long as possible by offering a variety of classes, workshops and amenities for a healthy and comfortable life.

- Classes and workshops
- Fitness for seniors
- Pilates 55+
- Yoga 50+
- Stop smoking
- Reanimation
- Foot reflexology
- Hand reflexology
- Tai Chi
- Mindfulness
- Amenities for convenience and comfort
- Meals on wheels
- Home care articles
- Personal alarm system
- Services at home (e.g. hairdresser, pedicure, optician, hearing care, handyman, gardener)



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### De Zorgboog, versatile and remarkably complete, for all generations

De Zorgboog is a professional organisation that provides a wide variety of products, services and expertise in healthcare (somatic and psycho geriatric), residency and welfare. We tend to people of all generations, young and old, in Southeast Brabant. At every moment and in every stage of their lives. Whether it be at one of our locations or in the comfort of their own home. Expertise, innovation and empathy are the most important characteristics of our organisation. We take that extra step... and that is the strength of de Zorgboog.

### Facts and figures

Every day approximately 2,400 employees and 1,000 volunteers are dedicated to provide healthcare and support for all of our clients.

Every year we tend to approximately:

- 2,000 clients who live at home
- 1,100 clients who live in one of our care homes
- 250 outpatients
- 10,000 preventive child care clients (0-4 year olds incl. family) with approx. 35,000 child care consultations (public health service)
- 1,800 clients with maternity care

### Work area

De Zorboog is present in different municipalities in South East Brabant. Our working area is in the city of Helmond as well as in the boroughs Gemert-Bakel, Asten, Laarbeek, Someren, Deurne and Geldrop-Mierlo. In all of these places you will find our neighbourhood teams, child care centres, home care stores and other Zorgboog locations. De Zorgboog is also represented in several health centres. The Board of Directors and certain office staff are situated in our office in the centre of Helmond. The rest of the office staff, two of our care homes and a hospice are situated on our estate in Bakel.

### Mission

Our mission, as stated in our multiannual policy plan, is as follows:

De Zorgboog offers a wide variety of services and expertise in healthcare, residency and welfare for people of all generations, supporting their quality of life and paying attention to their individual needs.

### Care & support

We believe that people want to live independantly in the comfort of their own home for as long as possible. And that is what de Zorgboog aims to help people do. Especially when they are suffering from old age, illness or injuries from an accident. De Zorgboog provides care and assistance at home, for example; household care, rehabilitation and specific medical care. If a client chooses one of our locations, we have several options, for example; small scale housing or an apartment with service. Each location has its own atmosphere that matches the clients wants and needs.

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|---|--------------------------------|------------------------------|
| • Homecare                                    | • Residency                    | • Healthcare and treatment   |
| • Household care                              | • Apartments with care standby | • Geriatric physicians       |
| • Personal alarm system                       | • Respite care                 | • Specific medical care      |
| • Home care stores                            | • Nursing homes                | • Dietetics                  |
| • Healthcare and support in the neighbourhood | • Care homes                   | • Physiotherapy              |
| • Informal care                               | • Small scale housing          | • Speech therapy             |
|   | • New housing projects         | • Occupational therapy       |
|   |                                | • Psychological treatment    |
|   |                                | • Day care                   |
|   |                                | • End of life care / hospice |
|   |                                | • Spiritual care             |

### Maternity care & child care

De Zorgboog provides maternity care and gives advice and information to women before, during and after pregnancy. Furthermore de Zorgboog has approximately twenty consultation bureaus where parents can get information and advice on their child's growth (weight and measurements).

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|----------------------------|---------------------------|--|
| • Maternity care           | • Vaccinations            | • Classes and meetings for parents                           |
| • Prenatal care            | • Growth Book             | • Preventive care for children from 0-4 y.o. (public health) |
| • Advice on breast feeding | • Youth and Family Centre |  |
| • Consultation bureaus     |                           |  |